



Arun Volunteer Centre

CASE STUDY 5

May 2010

Lara El-Deweiny

Volunteer for the Look and Sea Centre and International Bognor Birdman



Having worked in the conference and events industry for some 16 years, the latter three being freelance, my career came to a stand-still after my last contract with BT Global Services came to an end and could not be renewed due the current economic climate. I decided to do some volunteering work after seeing an ad in the Littlehampton Gazette for volunteers wanted at the Look and Sea Centre in Littlehampton. I took myself down to the Arun Volunteer Centre.

I then met with the Education

Officer at the Look and Sea Centre. She was pleased that I could offer my services and experience of organising a variety of events to help organise the RNLI day on 27th June in Littlehampton. I attended the planning meetings and gave my advice on how they could promote the event and increase fundraising. I signed up my step dad Alan Minter, former middleweight world champion boxer, to sign photos to help raise money.

When I was at the volunteer centre a request had just come in from the Chairman of International Bognor Birdman, who was looking for a volunteer event secretary to help organise this years event which was due to take place in Bognor Regis during September 2010.

I am now a committee member. As well as giving my input based on my vast experience of event management, I am gaining further experience and

developing my career by organising an International outdoor public event which I have never done before.

Attending Safety Advisory Group meetings and working on the Risk Assessment for the event at Arun District Council has been very beneficial to me.

I would like to say thank you to all I am working with. It has been most enjoyable and very rewarding. I would recommend volunteering to anyone who has the time.

CONTACT

Derek Moore MBE

Volunteer Centre

Co-ordinator

01903 731223

01243 864220

avc@cvs-arunwide.org.uk