



It's not too late to kick start your New Year!
Had enough of the cold dreary weather!
Feeling Low!
Need a pick me up!

**Then come to our
 Free of Charge
 Community Event**

**Saturday 3rd March 2012
 From 11 am to 4 pm**

This exciting day is for adults of all ages and their families

Presentations, Taster Sessions

Free Prize Draws and Lots More

Children under 16 must be accompanied by an adult
 at

**Bognor Regis Youth & Community Centre
 Westloats Lane, Bognor Regis, PO21 5JZ**

A Bognor Community Leaders initiative



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